

- Dear Parents/Guardians:

The cafeteria is open and ready to serve your child. We will be serving Grab & Go breakfast and lunch every day. The cafeteria serves a healthy breakfast and lunch following State and National guidelines.

As part of the National School Breakfast and Lunch Program we are obligated to follow all regulations as set forth by law. The law we are required to follow is the **Healthy Hunger Free Kids Act**. The law stipulates the serving sizes, calories and nutritional guidelines and pertains to all food offered for sale during the school day. We are also required to follow the smart snack rule which went into effect July 1, 2014. The Smart Snacks Rule limits the snacks we can sell and **prohibits us from allowing a student to purchase a second meal at the meal cost**. A student may still purchase items to make a second meal but all items for that second meal will have to be charged individually which will be higher than the meal cost.

The law mandates that each student buying a breakfast or lunch must select a fruit or vegetable to go with their meal or we are required to charge them individual prices for every item on their tray. If a student does not select a fruit or vegetable they will be charged more money than what a meal normally cost and **if they receive free or reduced breakfast or lunch they will not be able to receive their meal at the free or reduced status unless they select a fruit or vegetable**. We encourage all students to take a full meal. We are required to offer milk with every meal; however your student does not have to select the milk. **If they do not select the milk Federal Regulations does not permit us to offer another drink in its place.** They may purchase another drink if they wish to do so.

We **will not** be sending home the applications for the free/reduced meals for the 2021-2022 school year. The application can be found online at www.leessummitsschoolnutrition.com. If for some reason you are unable to access the website please call Penny Ripley at 986-2204 for information on how to proceed. **Please note a new application must be filled out every year. The applications for the 2021-2022 school year will be available online after July 1, 2021.** We cannot give any child a free or reduced price lunch without a current application on file. However we will charge their account and you will be responsible for clearing the negative balance.

Snacks will be offered daily for an additional cost. If you wish to restrict your student from purchasing snacks please contact the building cafeteria manager. **SNACKS ARE NOT PART OF THE FREE/REDUCED LUNCH PROGRAM.** We do not let any students charge snack/a la carte items. Nor do we allow a student to buy a snack if they currently owe the cafeteria money. If a student brings their lunch, they may purchase a milk or juice for .50

Negative balance reminders will be sent by phone message once a week. You may also sign up for automatic notifications at www.myschoolbucks.com Menus

and nutritional information are found on our website at
www.leessummitschoolnutrition.com

Please feel free to contact our office if you have any questions, concerns or suggestions.

Sincerely,

A handwritten signature in cursive script that reads "Lori Danella". The signature is written in black ink and is positioned below the word "Sincerely,".

Lori Danella, SNS
Director Nutrition Services
816-986-2206



Reorganized School District No. 7

702 SE 291 Highway
Lee's Summit, Missouri 64063
Phone: (816) 986-2200 Fax: (816) 986-2215

Office of Nutrition Services

Dear Parent,

If your child has allergies, requires a special diet or needs modified meals due to a medical condition, please complete the Medical Statement for Student's Requiring Special Meals. This form is required before we can provide your student with anything other than the standard meal and also before we can omit/eliminate items from their meal. We cannot flag an account to warn the cashier of an allergy until this form is on file in our office.

Only a licensed physician or physician's representative may sign the medical statement. This form **MUST** be kept on file for all students with disabilities receiving special diet modifications and allergies. A short note from a physician on a prescription pad **DOES NOT** contain the required information and a parent signature is required to provide alternate meals for your student.

Required information includes:

- the child's disability or food allergy
- an explanation of how the disability restricts the child's diet
- the food or foods to be omitted from the child's diet and the food or choice of foods that need to be substituted.

Please ensure that detailed diet information is provided on the medical statement stating the level of omission of the food allergen or foods that your child is intolerant to. This information is necessary to ensure your student is provided with the foods that are appropriate to their specific dietary restrictions. For example, if your student cannot have milk, we need to know if they cannot have milk to drink or if they cannot have any milk or dairy at all in their diet. Or, if they cannot have eggs, we need to know if it is just raw eggs or eggs cooked in products also.

Please complete the Medical Statement for Student's Requiring Special Meals form and turn it in to your school health office or fax it to: Lindsay Salazar at 816-986-2215. Feel free to contact me at: 816-986-2205 or at Lindsay.Salazar@lsr7.net for more information or how we can better meet the special diet needs of your student.

If your child's diet changes for any reason, please make sure to have your physician fill out the Discontinuation of Diet form. It is the policy of the Lee's Summit R7 Nutrition Department to follow any medical documentation that is on file in our office. We cannot make any changes or substitutions until the proper medical form is on file.

Please visit the www.leessummit.schoolnutrition.com for information on our program and for the forms needed.

Lindsay Salazar, SNS

Nutrition Services

**MEDICAL STATEMENT FOR STUDENTS WITH ALLERGIES OR STUDENTS
REQUIRING SPECIAL MEALS/SUBSTITUTIONS**
Nutrition Services Department
Lee's Summit R7

This statement **MUST** be updated when there is a change in the diet order.

Name of Student:	Student's Birth Date:
Parent Name:	Student's Grade:
Parent Telephone:	School Attending:
Physician's Name (Please Print)	

I hereby give my permission for the school staff to follow the stated nutrition plan below. I give my permission for nutrition services to contact the above doctor if questions arise.

Parent/Guardian

Date

For Physicians Use (to be completed by a licensed physician)

Identify and describe disability, or medical conditions, including allergies that require student to have a special diet or items eliminated from the diet.

Describe the major life activities affected by the student's disability.

Diet Prescription (check all that apply):

Diabetic: Calorie Level (attach meal plan) Carb Counting (attach meal plan)

Modified Texture and/or liquids

Calorie -Controlled: _____calorie level

Other (describe): _____

Food Allergy: (Please list each allergy): _____

***Please be specific, if the student has a milk allergy is it fluid milk only or all milk products, if a child has an egg allergy, is it just fresh eggs and eggs baked/cooked in products is ok.

If student has a food allergy, is this a life-threatening allergy? Yes No

Food Omitted and Substitutions:

If foods are listed to be omitted from the diet, **specifics** on foods to substitute **must** be provided.

Foods to Omit:

Foods to Substitute:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Indicate Texture: Regular Chopped Ground Pureed

Indicate thickness of liquids: Regular Nectar Honey Pudding

Special Feeding Equipment: _____

Additional Comments: _____

I certify that the above named student needs special school meals prepared or served or items eliminated as described above because of the student's disability or chronic medical condition.

Licensed Physician or Recognized Medical Authority

Date

Name, including Credentials: _____ Type or Print
Phone: _____
Fax: _____

Signature of Preparer or Other Contact

Please fax or mail to: Lee's Summit R7 Nutrition Services
702 SE 291 Highway
Lee's Summit, Missouri 64063
Fax: 816-986-2215

Definition of Disability:

Under Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act (ADA), a "person with a disability" means "any person who has a physical or mental impairment which substantially limits one or more major life activity, has a record of such impairment, or is regarded as having such an impairment."

Major life activities covered by this definition include caring for one's self, eating, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, working and major bodily functions. The term "physical or mental impairment" includes, but is not limited to, such diseases, conditions, and functions as:

<ul style="list-style-type: none">• Orthopedic, visual, speech and hearing impairments	<ul style="list-style-type: none">• Cardiovascular, circulatory and heart
<ul style="list-style-type: none">• Cerebral Palsy, Epilepsy, Muscular Dystrophy, and Multiple Sclerosis	<ul style="list-style-type: none">• Metabolic and endocrine
<ul style="list-style-type: none">• Digestive, bowel and bladder	<ul style="list-style-type: none">• Food anaphylaxis (severe food allergy)
<ul style="list-style-type: none">• Neurological and brain	<ul style="list-style-type: none">• Mental retardation
<ul style="list-style-type: none">• Respiratory	<ul style="list-style-type: none">• Emotional illness
<ul style="list-style-type: none">• Cancer	<ul style="list-style-type: none">• Drug addiction and alcoholism

Individuals who take mitigating measures to improve or control any of the conditions recognized as a disability are still considered to have a disability and require an accommodation.

If interested in being evaluated for eligibility under Section 504 by the Lee's Summit Schools, please contact student's school of attendance.



Pay for school meals online

To the parents of Incoming Kindergarten Students,

Easily pay for school meals online this year! Create your free MySchoolBucks account to conveniently and securely add money to your student's meal account online or with the mobile app.

With MySchoolBucks you'll be able to view cafeteria purchases, check your student's balance, receive low balance alerts and pay for school meals from anywhere!

Get Started Today:

1. Go to myschoolbucks.com or download the mobile app
2. Create your free account and add your students using their school name / student ID
3. Add funds using your credit / debit card or electronic check
Note: For each transaction, you will be charged a program fee
4. Set up automatic payments and never forget to send in lunch money again

We appreciate you using this online option as a way to help reduce the amount of physical cash and check handling that would typically happen in the serving line.

If you need assistance with your account, you can find helpful how-to videos and answers to commonly asked questions by visiting myschoolbucks.com. Or, you can contact MySchoolBucks directly by logging into your account to start a chat conversation or give them a call at (855) 832-5226.

Thank you,

Lori Danella
Director, Nutrition Services

ATTENTION:
FOOD SERVICE HELP ~~WANTED~~
@ LSR7 Schools

Needed!

LOOKING FOR PART-TIME WORK?

LSR7 NUTRITION SERVICES IS HIRING!

(Subs and Prep Assistants)

- Earn extra income while the kids are at school
- Be home to put the kids on AND get them off of the school bus—plus be home evenings, weekends, holidays and snow days!
- Flexible schedule to work as much or as little as you want (subs can work 1 day per week or 5 and earn \$10.50 per hour)
- As a prep assistant you have a consistent 3-4 hrs per day schedule, starting pay is \$12.58 per hour and you are eligible for benefits

**PREVIOUS FOOD SERVICE EXPERIENCE IS NOT REQUIRED;
WE WILL TRAIN YOU!**

Minimum Qualifications: high school diploma or equivalent,
background check and be willing to obtain a food handler's permit
(we hold classes making this easy!)

**Go to LSR7.org to apply
or call 816-986-2200 for more information**

